Personal Information

Last Name	First Name	!	Middle Initial
Address: Street			Unit #
City	Province		Postal Code
,			
Date of Dinth (Day/Month (Voca)			
Date of Birth (Day/Month/Year)			
Home Phone #	Work Phone	#	Cell Phone #
May the clinic leave you messages relating to	your visits?	□YES □ No	
Email			
Employer			Occupation
Employer			Occupation
Emergency Contact Name and Relationship			Phone #
Have did you be an about the divisor			
How did you hear about the clinic?			
Which members of the clinic will you be seein	ıg?		
□ Chiropractor □ Physiotherapist □	Massage The	rapist Naturopath	□Personal Trainer
ACTIVE HE	ALT	HUNSTITL	ITE
			. =
Family Doctor		Specialist	

Family Doctor
Name
Phone #
Fax #

Specialist
Name
Phone #
Fax #



Health Information

Vhat are your he	alth concerns and/or	reasons for coming t	o the clinic, in order or imp	ortance?
1.				
2				
3				
nat seems to make	e the condition better?			
nat seems to make	e the condition worse?			
s the condition;	□ Gotten worse	☐ Gotten Better	☐ Stayed the same	
ses the nain radiat	e or "choot" anywhere?			

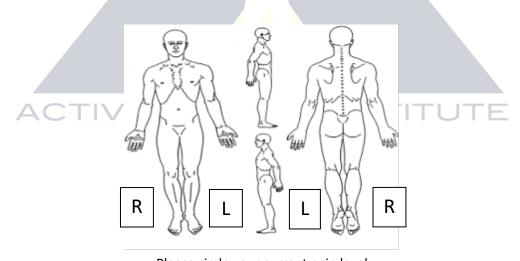
Instructions: Mark these drawings according to where you feel your pain, by referring to the key below.

Is this a work related issue or a result of a motor vehicle accident? If yes, please specify.

Have you had this pain before? If yes, when?

Have you had treatment for this issue in the past?

Sharp ////	Burning XXXXX	Pins & Needles 00000	Aching ++++
Stabbing VVVVV	Numbness	Dull *****	Other vvvvv



Please circle your current pain level

no pain 0 1 2 3 4 5 6 7 8 9 10 worst pain imaginable



Physical history

Musculoskeletal	Nervous System		Cardio-Vascular-Resp.	
Neck problems	Numbnes	S	Chest pain	
Upper back problems	Loss of feeli	ng	High/Low blood	
			pressure	
Shoulder problems	Headaches		Difficulty breathing	
Low back problems	Dizziness		Persistent Cough	
Elbow problems	Fainting		Coughing	
			phlegm/blood	
Knee problems	Confusion	1	Lung problems	
Ankle/foot problems	Depressio	n	Diabetes	
Arthritis	Concussio	n	Asthma	
Other:	Anxiety		Varicose veins	
	Loss of balar	nce	Hypoglycemia	
	Paralysis		Angina	
	Seizures		Murmur/palpitations	
	Forgetfulne	ess	Hemophilia	
Gastrointestinal/Endocrine	Genito-Urinary Syste	m	Ears/Nose/Eyes/Throat	
Poor appetite	Painful urina	tion	Vision problem	
Excessive hunger/thirst	Excessive ur	ine	Ear ringing	
Heat/cold intolerance	Discoloured u	irine	Ear infections	
Nausea/vomiting	Urgency to ur	inate	Hearing loss	
Bloody/black stool	Recurring infed	ctions	Voice changes	
Weight loss/gain	Kidney ston	es	Gum/teeth/jaw	
			problem	
Ulcer			Nasal discharge	
Thyroid problems			Nose bleeds	
Liver/Gall bladder problem			Sinus problems	
Female	Male		Skin	
PMS	T <mark>esticular</mark> p	ain	Moles	
Irregular cycle	Itching_	IINSTI	Rashes	
Irregular bleeding/discharge	Sores		Acne	
Pregnancy	Irregular discharge	Irregular discharge/bleeding		
Sores	Hernia	Hernia		
Sexual concerns	Sexual conce	Sexual concerns		
Breast lumps/pain/tenderness/discharge	Chest lumps/pain/tenderness/discharge		Eczema	
Hernia]	



Family history

Illness	Circle		Family member
Alcoholism	Yes	No	
Allergies	Yes	No	
Anemia	Yes	No	
Arthritis	Yes	No	
Asthma	Yes	No	
Cancer	Yes	No	
Depression	Yes	No	
Drug abuse	Yes	No	
Diabetes	Yes	No	
Digestive problems	Yes	No	
Heart disease	Yes	No	
High blood pressure	Yes	No	
Kidney disease	Yes	No	
Mental illness	Yes	No	
Seizure	Yes	No	
Stroke	Yes	No	
Thyroid disorder	Yes	No	
Other	Yes	No	
Family history unknown	Yes	No	

Please indicate any serious conditions, illnesses, injuri	ies and/or ho	spitalization	
Please indicate any medications and/or supplements	you are curre	ently taking	
AOHVEHEALH			
			_
Lifestyle			
Do you exercise? If yes, how many times per week?			
Do you smoke? If yes, how many packs per day/week?			
How would you rate your stress level?	□ Mild	□ Moderate	□ Severe



Physiotherapy Consent

Consent for physiotherapy assessment and treatment

I agree to participate in a physiotherapy assessment, performed by a Registered Physiotherapist at The Active Health Institute. I understand that the assessment will include a detailed medical history and physical exam. I understand that the physiotherapist will inform me of my treatment options and that I may consent to further treatment at that time.

Physiotherapy Cost/Session

Initial Assessment (includes treatment)	\$130.00
Pelvic Floor Initial Assessment (includes treatment)	\$130.00
Subsequent treatment	\$85.00
Complex treatment (45min)	\$100.00
Complex treatment (60min)	\$130.00
No Show (24hr cancellation policy)	\$85.00

Cancellation Policy

Your appointment time has been reserved especially for you. If you are unable to keep this reservation, please provide us with at least 24hrs of notice so that another patient can use this time. If you do not provide sufficient notice, you will be charged a "No Show" fee, which is equivalent to the cost of the treatment.

Payment Policy

We require payment at every visit. Accepted forms of payment include; cash, debit, Visa and Mastercard.

Consent for collection of personal information and privacy policy

I understand that in order to provide me with physiotherapy services, Active Health Institute will collect some personal information about me. We are committed to collecting, using and disclosing your personal information responsibly.

Disclosure:

- 1. The patient's doctor/health practitioner(s)
- 2. Other health practitioners of the Active Health Institute for the purpose of supporting patient health.

I have reviewed Active Health Institute's Privacy Policy regarding;

- The collection, use and disclosure of my personal information
- The steps taken to protect my information
- My right to review my personal information

I understand how the Privacy Policy applies to me. I have been given a chance to ask questions I have regarding the Privacy Policy and they have been answered to my satisfaction.

Patient Signature:	Date:
Patient Name (Please print):	Witness: